



2024 MEMBERS

ADRC of Washington County

Aurora Health Care

Aveanna Health Care

Care Patrol of Sheboygan/
West Bend and Surrounding
Areas

Golden Pearl, LLC

Ideal Senior Living Solutions

Interfaith Caregivers of
Washington County

My Choice Wisconsin

Sharon S. Richardson Community
Hospice

The Threshold Inc.

Thrivent Financial

The mission of the
Washington County Caregiver Coalition
is to support and strengthen caregivers
through advocacy, education and
community resources.



CONFIDENT CAREGIVER CONFERENCE 2024 SPONSORS



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Eileen Voigt

EVENT SPONSORS



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Washington County
Caregiver Coalition

CONFIDENT CAREGIVER CONFERENCE



Wednesday, May 29, 2024
10:00 am-2:30 pm
Moraine Park Technical College
2151 North Main Street
West Bend



Caregiving is not easy!

Most caregivers never planned to be caregivers, whether for a spouse, a parent, a sibling or a friend. As a result, most caregivers are not trained for many of the tasks that are necessary to provide care safely and confidently.

The Washington County Caregiver Coalition has lined up presenters to share information on financial preparedness, skin care and durable medical equipment, and finding balance and well-being to help you on your caregiving journey.



What is included?

Participants will attend three education sessions as described below:

- Don't Let a Fall Bring You Down: In-Home Safety Tips for the Confident Caregiver
 - Elizabeth Kremer, DPT
ATI Physical Therapy
- Empowering Families: A Guide to In-Home Care Coordination
 - Erin Brannan
Care Patrol
- "Am I Doing Enough?": Caregiver Guilt and It's Effects on our Self Care
 - Marlaina Perelshtein, MT-BC, WMTR
Golden Pearl, LLC

Schedule of Events

- Registration 9:45 am-10:00 am
- Vendor fair 10:00 am-10:30 am
- Session 1 10:30 am-11:15 am
- Vendor fair 11:15 am-11:45 am
- Session 2 11:45 am-12:30 pm
- Lunch 12:30 pm-1:15 pm
Cousins Subs box lunch
- Session 3 1:15 pm-2:15 pm
- Wrap up and door prizes 2:15 pm

Vendor Fair

Learn about the different services available in Washington County by visiting with members of the Washington County Caregiver Coalition.

Registration

Complete the form below and return to the ADRC along with \$5.00 by **MAY 22** (please make checks payable to Washington County Treasurer).

NAME

ADDRESS

CITY/STATE/ZIP

PHONE

EMAIL

YOUR CHOICE OF SANDWICH FOR YOUR COUSINS SUBS BOX LUNCH

- Ham and provolone
- Turkey
- Veggie

Send completed registration and \$5.00 to:

WCCC

c/o ADRC of Washington County
333 E Washington St, Ste 1000
West Bend WI 53095
(262)335-4497